

## Rockwood Summit Lacrosse Club - High School Parent Checklist- 2021

### Complete by January 21, 2021:

- Purchase or renew US lacrosse membership (\$35), <https://www.uslacrosse.org/>
- Register and pay club fee (\$500), [www.rshslax.com](http://www.rshslax.com) **\*\*The email you enter at registration will be the address where you receive ALL your correspondence from the club. Please use a good email address and add a secondary email in your account if you want your spouse to receive club emails too.\*\***  
(SportsConnect payment by credit card adds 3.4%)
- Write a \$150 check payable to "RSLC" and write "uniform deposit" on memo line
- Write a \$150 check payable to "RSLC" and write "work duty deposit" on memo line
- Mail both deposit checks to: Gay Schwer, 822 Summit Glen Ct, Fenton, MO, 63026
- Print (from rshslax.com), read, and sign (one parent AND player) the 'Code of Conduct' form
- Give signed Code of Conduct forms to Coach Lutz at the first practice on Feb 1, 2020

### Equipment needed by first Practice:

- Cleats/turf shoes
- Stick
- Mouth guard
- Protective cup
- NOCSAE-approved SUMMIT TEAM helmet (more info. at parents' night)
- Gloves
- Elbow pads
- Shoulder/chest pad combo

### Additional Info:

- Signup for approx. 3-4 work duty shifts AFTER schedule is made.
- Be prepared to sell 15 TJ's Pizzas per player OR Send in a buyout check of \$65 per player made payable to "RSLC" and write "fundraising buyout" on the memo line.
- Team Manager app (formerly Game Changer) will be used for game schedule (it changes a LOT), and team communications. **This is a must have, free app.**
- Team photos will be taken shortly after registration closes. Date and location to be determined.
- JV players will participate in a JV tournament at the end of their season.

### Coordinators Needed:

- If interested in a Coordinator position, please email Sherri Scheer (see below)

Parents please check Team Manager (Game Changer) app and messages regularly, especially right before practices and games. Separately, your player will have Coach and team contact through the GroupMe app.

For more information:

Steve Taff at [steve.d.taff@gmail.com](mailto:steve.d.taff@gmail.com)

Gay Schwer at [bgschwer@gmail.com](mailto:bgschwer@gmail.com)

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